

This article is brought to you by M/s **Nurses-Careers-Abroad**, a New Delhi, India based organisation specializing in placement of Indian / Asian Nurses in USA, Europe, Australia, New Zealand etc. Nurses-careers-abroad makes available ON-Line training facilities for NCLEX-RN and IELTS, both pre-requisites for Nurses from this part of the world for jobs in America and accepted as sufficient qualification (often not as a qualifying requirement) for jobs in many countries in Europe and Australia /New Zealand.

Such articles and other interesting facts / anecdotes about nursing profession are mailed by us on fortnightly basis to all Nurses registered with us at [www.nurses-careers-abroad.com](http://www.nurses-careers-abroad.com) for Newsletter Distribution. Please register if you wish to be on the direct mailing list.

**Welcome to all. The previous issue of our News Letter had an article on “IELTS”.  
Now the next article is on “Registered nurse specialties”**

### **Registered Nurse Specialties**

When you are looking for the information about nursing in the Internet, you can discover different stories about individuals who with confidence state that they have “wanted to be a nurse” since their birth – or as long as they can remember.

**The profession of nurse** has a huge appeal to those people who want to help other – sick and traumatized. But it needs to be stated that the nursing means much more— through nursing specialties, person can hone in on a large and important area of concentration that can help many future generations through precise hands-on research, education and observation. These nursing specialties and also their sub-specialties are, probably, more varied than specialties in any other profession.

So, to easily say that you want to be a nurse is surely a very broad statement. The one and only profession that can come close to the wide-ranging perception of “nurse” is the **surgical- medical nurse** who provides cares mostly for adult patients, usually before and after surgical procedures. The surgical nurse has, in a sense, represented the foundation of nursing profession, as this area is the hospital practice where new graduates can receive fundamental experience. But, the medical-surgical nurse recently has become a specialty which focuses on holistic care, and that even though nurses who’ve entered the nursing field starting with this specialty have become professionals on one of almost one hundred other focused nurse specialties.

**Among other specialties, these are most common and widely demanded:**

**Cardiac nursing**, which includes many sub-specialty areas that relate to patients with heart problems.

**Dialysis nursing** provide extensive care for patients who suffer from renal failure or chronic kidney conditions.

**Emergency nurses** care for patients in the critical or emergency phase of an illness or trauma, but they are not limited to working in a hospital’s emergency room.

**Forensic nursing** is a relatively new field that combines the health care profession with the judicial system.

# nurse's newsletter

## nurse's newsletter



**Also – Hospital Nursing, IV Therapy Nursing, Medical-Surgical Nursing, Military Nursing, Neonatal Nursing, Neurosurgical Nursing, OB Nursing, Oncology Nursing and many others.**

From emergency-room and operating-room nursing to pediatric and orthopedic nursing and beyond, there's no shortage of specialties for today's ambitious nurse.

Besides the traditional specialties – OB/GYN, nurse anesthetist and nurse practitioners – there are lesser-known subfields such as telephone-triage nursing, forensic nursing (the application of nursing science to public or legal proceedings) and correctional nursing (nursing in prison settings).

While healthcare settings across the nation continue to experience nursing shortages, nurses are in particularly high demand in some subfields, including critical care, emergency room and telemetry. Since these areas typically require nurses with higher levels of training, skills and certification, there are fewer candidates who fit the bill.

### **How can you zero in on the nursing specialty that will fulfill your career goals?**

- [Nursing and Stress](#)
- [Continuing Education](#)
- [New Programs Narrow the Field](#)
- [Externships Offer Hands-on Experience](#)

### **Nursing and Stress**

One factor is your definition of stress. Some nurses find it more stressful to work in an operating room, where they are almost always on call. Others may find it stressful to work in the recovery room, which requires honed technical skills. Still others may find it stressful to work one-on-one with physicians on a medical/surgical floor.

*Where do you feel comfortable? Do you enjoy independence, or do you crave the camaraderie of fellow nurses and staff? "You have to compare your personality with the working environment," says Bill Morris, president of Beitler Staffing in Chicago.*

*"People who can deal with high stress and juggling lots of balls in the air at the same time are well-suited to the emergency department. If you want a slower pace, then try a community hospital."*

You should also think about what you most enjoyed during training. If you have an affinity for children, you may want to specialize in pediatrics or maternity. If serving senior citizens satisfies you, then geriatrics would be a logical choice.

### **Continuing Education**

You also need to consider any special certifications and qualifications you need to enter into a particular subfield. Cardiopulmonary Resuscitation certification may be enough on a medical/surgical floor, for example, but to advance to the emergency room, you will need Advanced Cardiac Life Support training. And if you want to work with cancer patients, then you may need special chemotherapy training from the Oncology Nursing Society.

# nurse's newsletter

## nurse's newsletter



*“Are you willing to continue education and further your skills?” asks Kathy Murphy, clinical director for Nurse finders, a healthcare staffing service in Arlington, Texas.*

*“If you are, then you may be a candidate for intensive-care units and oncology units.”*

### *New Programs Narrow the Field*

Programs are emerging in hospitals across the country to allow nurses to test different specialties before making a career commitment.

For example, the Ohio State University Medical Center offers a nurse internship program that allows newly licensed RNs to learn technical skills and experience the cultures within various medical units during a 16-week stint.

*“Interns can choose from critical care, women and infant, cardiothoracic and four other specialties”.* Nurses receive full salary and benefits, formal classroom instruction specific to each track and clinical rotations that allow them to make important contacts that could lead to job placement.

### *Externships Offer Hands-on Experience*

New Jersey-based **Atlantic Health System** offers its Hire Learning program to place new graduates in different divisions within the medical/surgical floors of its hospitals, such as oncology, surgical, renal and telemetry.

*“It (Atlantic Health System) provides new nurses with medical/surgical training to ease their transition from a student nurse to a nurse graduate role, and then that training to a specific specialty they are interested in”.* Meanwhile, their eight-week summer externship programs allow student nurses to experience different types of specialties.

Nurse recruiters recommend new nurses begin on a medical/surgical floor before venturing into a specialty. With that experience under your belt, it will be easier to choose a specialty that matches your interests.

*You have many options for a career in nursing.*

### **Attention:**

*1. Since the articles are either from archives generally in public domain or contributed by some of you with no exclusive rights we do not place any restriction on your forwarding these articles to your friends in good faith.*

*2. We have received offers from Nurses for publishing Articles /Anecdotes / Real Life Experiences proposed to be forwarded by them to Nurses-Careers-Abroad. We heartily welcome the idea. We shall do so mentioning the name of the sender. Contributors are advised to submit their Name, Address, Email and Phone Number so that we can cross check with them (for editing etc.) before publishing the article. Please bear in mind that we can publish only one article per week and subsequently these shall be archived at the website under Nurses Newsletter Archives.*

*3. Nurses-Careers-Abroad also proposes to establish a “NURSES-BLOG” on the website for the Nursing Fraternity. Look for it at [www.nurses.careers.abroad.com](http://www.nurses.careers.abroad.com)*

\*\*\*\*\*